



MENU

~Fuel Your Day~

Please let your server know about any allergies

COFFEE, TEA, & DRINKS MENU

Hot Sizes: 12 oz. | 16 oz. | 20 oz. | 24 oz.

Iced Sizes: 16 oz. | 24 oz. | 32 oz.

Hot Latte Sizes: 12 oz. | 16 oz. | 20 oz.

Iced Latte Sizes: 12 oz. | 16 oz. | 24 oz.

Come in store to find out about any of our seasonal menu items or follow us on IG @fuelgrovestreet

Fuel Regular (Hot or Iced)

drip coffee, well balanced & smooth (Central & South America)

Cafe Au Lait

fuel regular with steamed milk

Cold Brew

Pour Over Coffees [single origin] (16 oz. only):

Colombia, Guatemala, Patriot's (Dark Roast), Ethiopian, Peru, & Decaf

Bulletproof (12 oz. only)

fuel regular with MCT oil and grass-fed unsalted butter

Americano (Hot or Iced)

Jet Fuel espresso with hot water

Latte / Flavored Latte (Hot or Iced)

*espresso with milk | added flavor of choice *refer to syrup page**

Mocha / White Mocha Latte (Hot or Iced)

espresso with chocolate | white chocolate and milk

Cappuccino (Hot or Iced)

espresso with foamed milk - only

Matcha Latte (Hot or Iced)

unsweetened green tea with milk

Chai Latte (Hot or Iced)

sweetened chai with milk



DRINKS MENU



ICED TEAS

(16, 24, 32 oz.)

Black

Traditional

Green

Golden Green

Herbal

Crimson Berry

HOT TEAS

(12, 16, 20, 24 oz.)

Black

English Breakfast

Early Grey

Green

Moroccan Mint

Golden Green

Herbal

Blood Orange Hibiscus

Lemon Chamomile

PROLATTAS:

whey protein infused shake

(24 oz. only)

(add peanut butter, cold brew, espresso)

Mocha

Salted Caramel

Vanilla Bean

Hot Chocolate

choice of milk

(kid's hot chocolate 8oz.)

**Please refer to
modifications page for milk
options**

SMOOTHIES:

(24 oz only)

add 1-2 scoops of protein, peanut butter

Strawberry Banana

non-fat frozen yogurt, strawberries, banana, 100% apple

Mango

non-fat frozen yogurt, mango, 100% apple

Kale

non-fat frozen yogurt, kale, mango, 100% apple

Strawberry Mango

non-fat frozen yogurt, strawberries, mango, 100% apple

Superberry

non-fat frozen yogurt, acai sorbet, blueberries, strawberries, 100% apple

ALL DAY BREAKFAST MENU



Please refer to modifications page for bread options

FRESH BAKED GOODS:

croissants, muffins, cookies

SANDWICHES & TOASTS:

Farmer's Pan Sandwich

Egg, ham, cheese, red pepper pesto, sriracha mayo, on wheat toast

Avocado Toast

wheat toast, avocado, egg, spring mix, lemon vinaigrette

Egg & Cheese

baked egg and melted cheese on whole wheat toast or bagel
choice of bacon, sausage, or ham

Toasted Bagel

Everything, Plain, Cinnamon Raisin, Whole Wheat
served with cream cheese or butter

Steel Cut Oatmeal

with strawberries, honey, & granola

Memphis Toast

wheat toast, banana slices, peanut butter or chocolate hazelnut

Fuel Parfait *(gluten free)*

greek yogurt, granola, strawberries, honey



LUNCH MENU



Gluten Free Bread Available Upon Request - Please Refer to Modifications Page for Bread Options

HANDMADE SANDWICHES

Chipotle Chicken

chicken, cheese, avocado, pepper relish, chipotle mayo

Chicken Pesto

chicken, fresh mozzarella, red pepper pesto, green basil nut-free pesto

West Coast *(vegetarian)*

brie, spring mix, fig spread, nut-free pesto

Turkey & Bacon

turkey, bacon, lettuce, cheese, chipotle mayo, spring mix

Cubano

roasted pork, cheese, ham, pickles, mustard

MAC N CHEESE

Classic

classic cheesy mac n cheese

Sriracha Chicken

classic creamy cheesy mac n cheese with grilled chicken, sriracha

Southwest Chipotle Pork

classic creamy cheesy mac n cheese with roasted pork, chipotle mayo, wontons, avocado

SALADS

Summer Salad

mixed greens, grilled chicken, mango, strawberries, blueberries, pineapple, honey lime dressing

Asian Salad

mixed greens, grilled chicken, wontons, sesame seeds, pineapple, mango, sliced almonds, Asian dressing

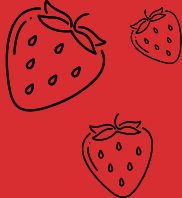
KID'S MENU

Mac N Cheese

Pizza Bagels

Everything, Plain, Whole Grain Bagel with mozzarella cheese, Rao's pizza

Grilled Cheese



AÇAÍ BOWLS

[vegan sorbet, gluten free granola]



Build Your Own options available in-store only

AÇAÍ [PRONOUNCED AH-SIGH-EE]:

Greek Turbo

açaí sorbet, topped with granola, greek yogurt, blueberries, strawberries

Fruity-Fruit

açaí sorbet, topped with granola, bananas, blueberries, pineapples, strawberries

Choco-Banana

açaí sorbet, topped with granola, bananas, peanut butter, Nutella

Roma Choco Hazelnut

açaí sorbet, topped with granola, bananas, strawberries, coconut flakes, Nutella

Peanut Butter Blast

açaí sorbet, topped with granola, bananas, blueberries, coconut flakes, peanut butter

Aussie Bowl

açaí sorbet, topped with granola, bananas, pineapples, coconut flakes, chia seeds

PITAYA (DRAGONFRUIT):

Dragon Bowl

pitaya sorbet, topped with granola, bananas, blueberries, coconut flakes, cacao nibs, Nutella

Goji Dragon

pitaya sorbet, topped with granola, bananas, blueberries, coconut flakes, cacao nibs, goji berries, Nutella

Going Bananas

pitaya sorbet, topped with granola, bananas, honey

MANGO OR KALE BOWL:

Mango Madness or Killer Kale

mango or kale sorbet, topped with granola, bananas, blueberries, almonds, honey

Tropical Mango/Kale

mango or kale sorbet, topped with granola, pineapples, mangos, coconut flakes

Very Berry Mango/Summer Kale

mango or kale sorbet, topped with granola, strawberries, blueberries, hemp seeds

COCONUT BOWL:

Pacific Beach

coconut sorbet, topped with granola, bananas, blueberries, almonds, honey

Summer Breeze

coconut sorbet, topped with granola, pineapples, mangos, coconut flakes

Pina Colada Crush

coconut sorbet, topped with granola, strawberries, blueberries, hemp seeds



PIZZA

[6-8 SLICES]



Build Your Own options available in-store only

CHEESE PIZZA

Rao's pizza sauce and shredded mozzarella

FIG, PROSCIUTTO, & BRIE

fig spread, prosciutto, brie cheese, spring mix, lemon vinaigrette

CHIPOTLE CHICKEN

red pepper relish, shredded mozzarella, grilled chicken, chipotle mayo, avocado

CHICKEN DUO PESTO

red pepper pesto, sliced mozzarella, grilled chicken, green basil pesto (nut-free)

HAWAIIAN

Rao's pizza sauce, shredded mozzarella, ham, pineapple

SYRUP FLAVORS

Vanilla | Caramel | Hazelnut | Peppermint | Honey
Lavender | Mocha | White Mocha

SUGAR-FREE:
Vanilla | Hazelnut



BREAD OPTIONS

Naan Flatbread

TOAST:

Whole Wheat | **GLUTEN FREE** White

BAGELS:

Plain | Everything | Cinnamon Raisin | Whole Grain



MILK OPTIONS

Whole | Skim

ALTERNATIVE:
Soy | Oat | Almond

